



think time

My Life

worksheets

My Real Life

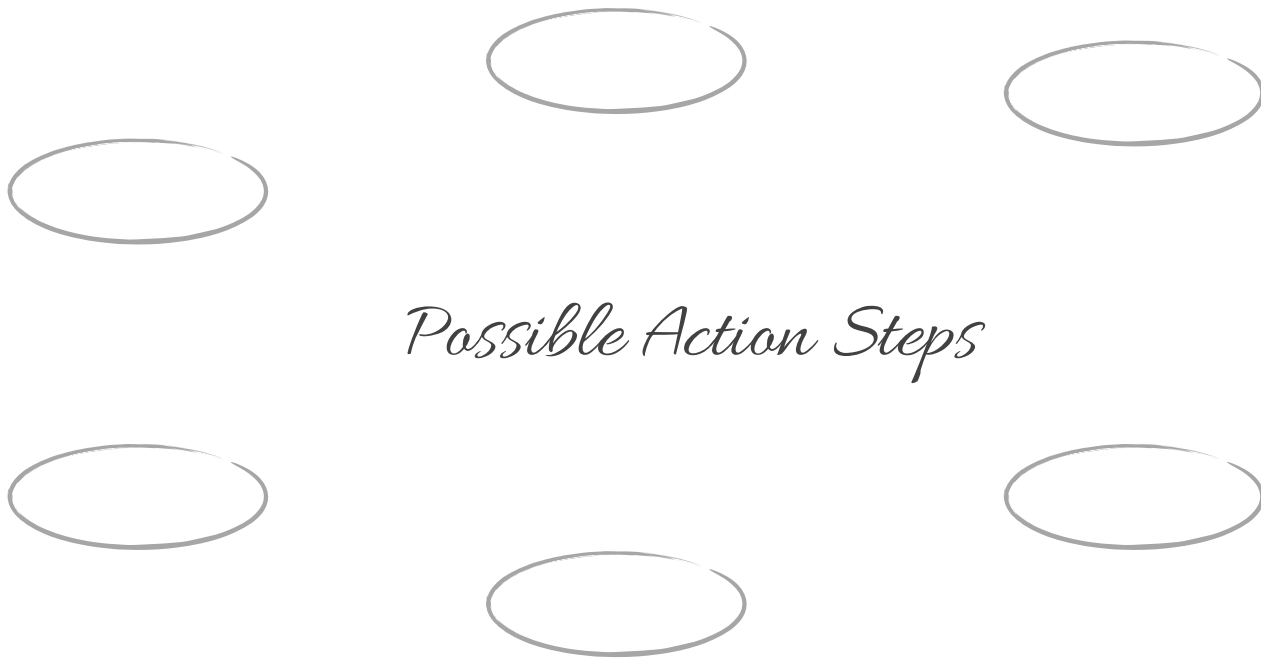
Draw a picture of your life as it is today in the box below. Who is a part of your life? What things do you accomplish? Do you feel satisfaction or regret? Write your thoughts and feelings below the picture.



My Ideal Life

Draw a picture of your life as you want it to be in the box below. Who is a part of your life? What things do you accomplish? Do you feel satisfaction or regret? Write your thoughts and feelings below the picture.





Use this space to brainstorm three action steps that will move you closer to who you want to be.

Choose three actions you can take that will make
the most impact. Write them below:

1

2

3



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We have a serious problem. 😞 We are losing valuable time. We have created an innovative process that helps people dream big, get more time, and focus on what matters most, so they can live their irreplaceable story. 🙌 😊

To learn more about how you can move these dreams into your life throughout the year using our Dream, Decide, Do, and Review Process, visit think-time.com today and check out our Purpose Planners and Complete Purpose Sets. 🙌