



Congratulations!



You are in the right place!

You have important ideas and goals and are ready to take action.

Set aside one hour of uninterrupted time per week to move through these Think Time Planner Pages.

Simply follow the steps on the next two pages to gain clarity and get traction toward your ideas and goals.

Let's Get Started...

What is "wild success?"
Draw it here.

____ / ____
month day

to ____ / ____
month day

What do you want more of? What do you want less of?

more of:

less of:

What is most important this week?
Draw or write it here on the "prize roses."

What may steal your
time & attention?
Label smaller "roses" to
"prune" them.

What refuels you?
Brainstorm ideas here.

to be

What are your to-dos?
Brain dump them here.

to do

decide

Filter your ideas. Choose only
high results actions that will move you
toward your vision..

long-term

short-term

immediate

Very important.
No immediate deadline.

Very important.
Due soon.

Very important.
Due now!!!!

20%

do!

Live off your calendar.
Schedule your high leverage
activities first.

Add your dates.

[month]

	sunday __ / __	monday __ / __	tuesday __ / __	wednesday __ / __	thursday __ / __	friday __ / __	saturday __ / __
6:00							
6:30							
7:00							
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7:00							
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8:00							
8:30							

Group your top action items here before
adding them to your calendar.

ERRANDS



HOME



WORK

RELATIONSHIPS



Record what you are
thankful for here!

Write what worked &
what didn't here.

I am Thankful for...

...review.

For Best Results..Follow These Instructions



Think Time is designed to help you build the mental tapestry you need to succeed. Each phase of Think Time uses a different type of thinking to help you get your best results. For best results, complete these phases in order and do your best to follow the guidelines in each phase.

1 dream...

In the Dream Phase of Think Time, you will practice creative visualization, mindfulness, and expansive thinking so you can discover and clarify what you really want. Dream big and do not edit or judge yourself in the Dream Phase. Stay with this phase as long as you can or 25 minutes.

2 decide.

In the Decide Phase of Think Time you will look objectively at all that you have imagined so you can choose the ideas that will give you the best results toward your vision. Then, you will sort them according to time frame so you can be ready to add them to your calendar. (10 min)

3 do!

In the "Do!" phase of Think Time you will time-slot your action steps onto your calendar so you can have a clear plan. Place the long-term actions on the calendar first, the short-term actions next, and the immediate actions last. The more you regularly think-time, the more intentionally you will spend your time, so you can move toward your big goals and have smoother, more productive days. (20 min.)

4 ...review.

In the Review Phase of Think Time, you will pause and reflect so you can save time and grow in effectiveness. Use this space to review what worked and what didn't, so you can be sure you are getting your best results. (5 min)



Where to Next?



Think Time Planners are designed to help you transform your ideas and goals into actionable steps so you get results.

With yearly, quarterly, monthly, and weekly timeframes together in one journal, all of your ideas and goals are in one place so you can be sure you are always taking steps toward your big goals.

You have now experienced the awesome results you get when you take time to think-time your weekly goals. Take this success to the next level.

Go to think-time.com now and buy your Think Time Undated Planner so you can be intentional with all of your ideas and goals!

Let's Do This!

